



## Health Assessment

### Final Term Exam For 2<sup>nd</sup> Year Students

**Date: 5 /6/2022    Time allowed: 1 hours    Total marks: 30**

**I- Choose the best answer: \_\_\_\_\_ Marks (10)**

**1- Pre-eclampsia is the development of hypertension with proteinuria, oedema or both due to pregnancy after :**

- a- 20<sup>th</sup> week of pregnancy
- b- 8<sup>th</sup> \_ week of pregnancy
- c- 2<sup>nd</sup> week pregnancy
- d- None of them

**2- .....is a risk factor of Gestational Diabetes :**

- a- **Obesity**
- b- Kidney disease
- c- Heart disease
- d- None of them

**3- Magnesium sulfate is the medication of choice for the prevention of**

- a- **Eclamptic** seizures in women with severe preeclampsia.
- b- Anaemia during pregnancy.
- c- Bleeding during pregnancy.
- d- Diabetes Mellitus during pregnancy

**4- Vaginal bleeding is associated with adverse pregnancy outcomes such as the following :**

- a- Low birth weight
- b- Still birth
- c- Preterm birth
- d- **All** of them

**5-The type of abortion in which pregnancy can be complete is :**

- a- **Threatened** abortion
- b- inevitable abortion
- c- Incomplete abortion
- c- Missed abortion

**6- .....is implantation of fertilized ovum outside the uterus :**

- a- Abortion
- b- **Ectopic** pregnancy
- c- Vesicular mole
- d- None of them

**7- The best screening test for gestational diabetes is:**

- a- Urine test for glucose by strips
- b- **Blood** glucose level.
- c- Kidney function test
- d- liver function tests

**8- .....is the most common cause of anemia in pregnancy :**

- a- **Iron**-deficiency anemia
- b- Vitamin B12 deficiency
- c- Folate-deficiency anemia
- d- None of them

**9- The pregnant women should recommended to eat foods that help the body absorb iron that is high in**

- a- Vitamin C  
c- Vitamin B

- b- Vitamin A  
d- None of them

**10- The most dangerous cause of vaginal bleeding during early pregnancy is**

- a- threatened abortion  
c- Incomplete abortion

- b- Septic abortion  
d- Ruptured ectopic pregnancy

**II- Choose True (A) or False (B) (10 marks)**

No.	Statement	True	alse
1	A high-risk pregnancy puts the mother or the developing fetus, or both, at an increased risk for complications .	A	
2	Fetal macrosomia (Fetal weight < 4.5 kg)		B
3	Eclampsia is a more severe form of preeclampsia that includes seizures and possibly coma.	A	
4	Abruptio placenta is a bleeding from genital tract due to placental implantation in the lower uterine segment		B
5	Amniocentesis can identify certain genetic conditions, as well as neural tube defects.	A	
6	Mothers at average risk of gestational diabetes, likely have a screening test during second trimester of pregnancy	A	
7	Quantitative beta-hCG measurement help in diagnoses of ectopic pregnancy.	A	
8	Blood pressure increases above the patient's baseline (greater than 30 mm Hg systolic or 15 mm Hg diastolic) is criteria for the diagnosis of preeclampsia.		B
9	Gestational diabetes more common in the second or third trimester and usually disappears after giving birth	A	
10	Drinking coffee or tea with meals not affect iron absorption.		B

**III- Easy Question: Marks (10)**

1- List 5 risk factors of ectopic pregnancy. 5 Marks

- Previous ectopic pregnancy (the most important)

- History of sexually transmitted disease or pelvic inflammatory disease
- Cigarette smoking
- Use of intrauterine device
- Age > 35
- Previous abdominal surgery (especially tubal surgery)
- Use of fertility drugs or assisted reproductive techniques
- Multiple sex partners
- Douching

2- Differentiate between threatened and inevitable abortion 5 Marks  
(Cervix dilatation, bleeding, pain, Diagnosis, Treatment)

	<b>Threatened abortion</b>	<b>Inevitable abortion</b>
<b>Cervix dilatation</b>	closed	Opened
<b>Bleeding</b>	slight	Severe
<b>Pain</b>	with or without crampy abdominal pain	Crampy abdominal pain
<b>Diagnosis</b>	Quantitative beta-hCG measurement Complete blood count Blood typing Pelvic ultrasonography	Quantitative beta-hCG measurement Complete blood count Blood typing Pelvic ultrasonography
<b>Treatment</b>	Expectant management for hemodynamically stable patients	D & C or uterine evacuation

**GOOD LUCK**

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