

نموذج  
توصيف مقرر دراسي  
بناء على المعايير الاكاديمية المبنيه على الكفايات

ابريل 2017

جامعة: بنها .  
كلية: التمريض.  
القسم: قسم علم النفس بكلية التربية.  
تاريخ اعتماد التوصيف: 2022/9/14-  
1:- بيانات المقرر:

الفرقة / المستوى	اسم المقرر: (Psychology علم نفس)	الرمز الكودي : SUP 311
Third year, first semester	عدد الساعات الدراسية :	التخصص : Bachelor Degree in Nursing Science
	Theory: (1) hours ×15 weeks Practice: (-)	

**2 - Aim of the course:**

The course aims to provide undergraduate student with knowledge and practice and situations that's related to psychology and human science. It's importance for nursing profession and practice of nursing, learning and research.

### 3-Course specification based on competency:

توصيف المقرر المبني على الكفايات

#### Domain No. 1 Professional and ethical practice

Competency	Key elements	Course Subjects	Subjects Objectives	Teaching Methods	Media used	Assessment Methods
1.1 Demonstrate knowledge, understanding, responsibility and accountability of the legal obligations for ethical nursing practice	1.1.4 Conduct responsibility and accountability for care within the scope of professional and practical level of competence.	-Cognitive processes (feeling, perception, thinking, intelligence, memory and learning)	1.1.4.1 Illustrate understanding the cognitive processes such as feeling, perception, thinking, intelligence, memory and learning.	- Video based training - Electronic learning	PowerPoint presentation	-Written examination - quiz
		- Psychological and mental illnesses	1.1.4.2 Mention the common psychological and mental illnesses that affect the human.	- Educational Video - Advanced mobile device - Electronic learning	PowerPoint presentation	-Written examination - quiz

Competency	Key elements	Course Subjects	Subjects Objectives	Teaching Methods	Media used	Assessment Methods
2.1 Provide holistic and evidence-based nursing care in different practice settings.	2.1.1 Provide holistic patients/clients care focused on bio-psychosocial and environmental assessment of health and illness in different setting.	• Definition of psychology and its branches and schools.	2.1.1.1 Discuss the psychology and its importance for individual and society.	- Video based training - Advanced mobile device - Electronic learning	PowerPoint presentation	- Written examination - quiz
		• Theories of personality and its disturbances	2.1.1.2 Classify the different psychological branches and schools	- Educational Video - Advanced mobile device - Electronic learning	PowerPoint presentation	- Written examination - quiz
		*Psychological attitudes (trends)	2.1.1.3 Distinguish between different types of psychological disturbance	- Video based training - Electronic learning.	PowerPoint presentation	- Written examination - quiz

Domain NO.:3 Managing people, work environment and quality

Competency	Key elements	Course Subjects	Subjects Objectives	Teaching Methods	Media used	Assessment Methods
3.3 Review health care outcomes in the light of quality indicators and benchmarks to achieve the ultimate goals of improving the quality of nursing care	3.1.3 Organize own workload and apply time management principles for meeting responsibility.	-Motives of behavior and its definition	3.1.3.1 Define motives and emotions.	<ul style="list-style-type: none"> <li>- Video based training</li> <li>- Electronic learning</li> <li>- Advanced mobile device</li> </ul>	PowerPoint presentation	<ul style="list-style-type: none"> <li>-Written examination</li> <li>- quiz</li> </ul>
		-Motives of behavior and its definition	3.1.3.2 Discriminate between types of motives and emotions.	<ul style="list-style-type: none"> <li>- Educational Video</li> <li>- Advanced mobile device</li> <li>- Electronic learning</li> </ul>	PowerPoint presentation	<ul style="list-style-type: none"> <li>-Written examination</li> <li>- quiz</li> </ul>
		• Theories of personality and its disturbances	3.1.3.3 Differentiate between different theories of the personality.	<ul style="list-style-type: none"> <li>- Video based training</li> <li>- Electronic learning.</li> </ul>	PowerPoint presentation	<ul style="list-style-type: none"> <li>-Written examination</li> <li>- quiz</li> </ul>

Competency	Key elements	Course Subjects	Subjects Objectives	Teaching Methods	Media used	Assessment Methods
3.3 Review health care outcomes in the light of quality indicators and benchmarks to achieve the ultimate goals of improving the quality of nursing care	3.2.4 Apply research methods in area of practice to use the best evidences to maintain safe work environment.	-Research methods of psychology.	3.2.4.1 Mention the different psychological branches and schools	<ul style="list-style-type: none"> <li>- Educational Video</li> <li>- Advanced mobile device</li> <li>- Electronic learning</li> </ul>	PowerPoint presentation	<ul style="list-style-type: none"> <li>- Written examination</li> <li>- quiz</li> </ul>

Domain NO.:5 Inter-professional communications

Competency	Key elements	Course Subjects	Subjects Objectives	Teaching Methods	Media used	Assessment Methods
5.1 Collaborate with colleagues and members of the health care team to facilitate and coordinate care provided for individuals, families and communities.	5.1.2 Work within behavioral norms related to interdisciplinary communication and health care organizations.	• Frustration, conflict, stresses.	5.1.2.1 Explain frustration, conflict, stresses.	- Electronic learning - Educational Video - Advanced mobile device	PowerPoint presentation	- Written examination - quiz
		• Frustration, conflict, stresses.	5.1.2.2 Identify causes of frustration among people.	- Educational Video - Advanced mobile device - Electronic learning	PowerPoint presentation	- Written examination - quiz
		• Frustration, conflict, stresses.	5.1.2.3 Distinguish between frustration, conflict, stresses and mechanisms of dealing with them.	- Electronic learning - Educational Video - Advanced mobile device	PowerPoint presentation	- Written examination - quiz

Domain NO.:5 Inter-professional communications

Competency	Key elements	Course Subjects	Subjects Objectives	Teaching Methods	Media used	Assessment Methods
5.1 <b>Collaborate with colleagues and members of the health care team to facilitate and coordinate care provided for individuals, families and communities.</b>	5.1.3 Apply standardized communication approach to facilitate experience transition across different health care settings.	Psychological attitudes (trends)	5.1.3.1 Utilize effective methods of communication with his family	<ul style="list-style-type: none"> <li>- Electronic learning</li> <li>- Educational Video</li> <li>- Advanced mobile device</li> </ul>	PowerPoint presentation	<ul style="list-style-type: none"> <li>- Written examination</li> <li>- quiz</li> </ul>
		Psychological adjustment	5.1.3.2 Apply the principles of therapeutic communication with patients and parents.	<ul style="list-style-type: none"> <li>- Educational Video</li> <li>- Advanced mobile device</li> <li>- Electronic learning</li> </ul>	PowerPoint presentation	<ul style="list-style-type: none"> <li>- Written examination</li> <li>- quiz</li> </ul>

<ul style="list-style-type: none"> <li>- Definition of psychology and its branches and schools.</li> <li>- Research methods of psychology</li> <li>- Motives of behavior and its definition</li> <li>- stresses</li> <li>- Cognitive processes (feeling, perception, thinking, intelligence, memory and learning)</li> <li>- Psychological attitudes (trends)</li> <li>- Theories of personality and its disturbances</li> <li>- Psychological and mental illnesses</li> <li>- Psychological adjustment</li> </ul>	<p><b>4-محتوى المقرر :</b> <b>Course Content</b></p>
<ul style="list-style-type: none"> <li>• Video based training</li> <li>• Electronic learning.</li> <li>• Educational Video</li> <li>• Advanced mobile device</li> <li>• <a href="https://elearning.bu.edu.eg">https://elearning.bu.edu.eg</a></li> </ul>	<p><b>5-أساليب التعليم والتعلم :</b> <b>Teaching and Learning Methods</b></p>



<ul style="list-style-type: none"> <li>Final written examination 50</li> </ul>	<p>ج-توزيع الدرجات : Marks distribution</p>
<p>List of References</p>	<p>قائمة الكتب الدراسية والمراجع</p>
<p>-Abo Zaid S., (2023): <b>Electronic Handout (CD) For psychology, Faculty of Arts, Benha University.</b></p>	<p>8 أ- مذكرات Course note</p>
<p>Abo Zaid, S ., (2018): Introduction to psychology, Faculty of Arts, Benha University. (1) علاء الدين كفاى, (2003): الصحة النفسية, دار هجر للطباعة والنشر. (2) عادل محمد العدل, (2020): المرجع فى الاعاقات والاضطرابات النفسية, دار الكتاب الحديث, القاهرة.</p>	<p>ب-كتب ملزمة Required Books ( Text Books )</p>
<p><i>Dafedof, L., Omar, M. et al., (2016):</i> Introduction into psychology, Cairo, International cultural investment house . <i>Con, D., Hawasheen, M. et al., (2018):</i> Introduction into psychology, Cairo, thought publishing &amp; distributing house <i>Rageh, A. (2015):</i> Introduction into psychology, Alexandria, University knowledge house. <i>Feldman, ( 2016 ):</i> Psychology , 3<sup>rd</sup> edition <i>Kasschau,R. (2017):</i> Understanding psychology . Mcgraw Hill Inc ,New York</p>	<p>ج-كتب مقترحة Recommended Books</p>

<p><i>Tavris, C. &amp; Wade, C. (2015): Psychology in perspective. 2<sup>nd</sup> edition. Longman Inc, New York.</i></p> <p><i>Feldman, R. (2016): Psychology, 2<sup>nd</sup> edition. Mcgraw Hill Inc, New York.</i></p>	
<p>-مجلة علم النفس - الهيئة المصرية العامة للكتاب.</p> <p>-مجلة دراسات نفسية -رابطة الأخصائيين النفسيين المصرية.</p> <p>- علم النفس الارشادي والاكلينيكي - جمعية المعالجين المصرية.</p> <p>-American Journal of psychology – American Psychological Association (APA) -</p> <p>-American Journal of applied psychology – American Psychological Association (APA) -</p> <p>-American Journal of personality and social psychology – American Psychological Association (APA)</p> <p>• -British Journal of psychology.</p>	<p><b>d-Periodicals, web sites</b></p>

رئيس القسم  
 ١٥٩ / ١١ / ٢٠١١

منسق المقرر  
 د/ نائف محمد