



Fourth Year

Date: 27/12/2017

Time: 3 hours

Benha University

Faculty of Nursing

C. H. Ng. Department

Community Health Nursing Final Exam

(Total marks 80)

I- Choose the best answers: -

(20 Marks)

1-Types of interpersonal violence are:

- 1- Homicide and suicide
- 2- Youth-related violence
- 3- Intimate partner violence
- 4- Elder abuse

a) 1, 2, 4 **b)1, 3, 4** c) 2, 3, 4 d) 1, 2, 3

2- When preparation home visits the nurse should be identify:

- 1- Suggested problems
- 2- Client needs
- 3- Effectiveness of nursing intervention
- 4- Equipment and supplies needed

a) 1, 2, 3 **b)1, 2, 4** c) 2, 3, 4 d) 1, 3, 4

3- Kidney function disturbance refers to

- a. Impairment
- b. Disability
- c. Handicap
- d. Developmental disability

4- Community based rehabilitation is a strategy for enhancing all the following except

- a. Quality of life for disabled people
- b. Human rights of disabled people
- c. Services delivery of disabled people
- d. Social deprivation of disabled people

5- Which communicable is most contagious period?

- a. Incubation period
- b. Period of illness
- c. Convalescent period
- d. All are equally contagious

6- Objectives of community based rehabilitation include

- a. Reducing or eliminating environmental standard
- b. Reducing or eliminating environmental pollution
- c. Reducing or eliminating environmental barriers
- d. Reducing or eliminating environmental access

7-Health system constraints include:

- a. Adequate training
- b. Enough motivations
- c. Short- coming in communication and transport
- d. Under utilization of services in certain program

8-Characteristics of rural life-style include:

- a. Preference for interacting with locals
- b. Use the magic in treatment of disorders
- c. Access of anonymity
- d. Small family and large industries

9- Man-made disaster includes

- a. Tsunamis
- b. Explosive
- c. Pandemic influenza
- d. Wildfire

Situation 1: During your field work as a community health nurse in secondary school setting you notified that one student having symptoms of influenza after medical investigation, he diagnosed H₅N₁ influenza. According this situation answer the following questions

10- The role of the nurse in the school setting is

- a- Assess the student condition
- b- Providing immunization
- c- Report to medical services administration
- d- Family assessment

11-Needs of this student is

- a- Protection from infection
- b- Healthful school environment
- c- Adequate health services
- d- Psycho-social needs

12-Needs of contacts

- a- Adequate health services

- b- Medical treatment
- c- Rest and sleep
- d- Building respect

13- Enhancing the disabled people training is considered

- a. Solidarity
- b. Dignity
- c. Social justices
- d. Equality

14- Immunization should be started when child is

- a. 6 months
- b. 2 months
- c. 1 months
- d. 1 week

15- For prevention of Hepatitis c, you decided to conduct health education activities. Which of the following is Irrelevant?

- a. Use of sterile syringes and needles
- b. Contact with bodily fluids
- c. Proper disposal of human excreta and personal hygiene
- d. Having unprotected sex

16- Advantage of family care is

- a. Provide overlapping of the services
- b. Needs time, money and resources from client
- c. Help the family to be self -reliant regarding their health
- d. Provide deficient services

17- Human barriers for health education is

- a. Lack of application of knowledge
- b. Faulty behavior**
- c. Inadequate health services
- d. Insanitary environment

18- Factors that contribute to violence include:

- 1 Intolerance and ignorance
- 2 Media influence
- 3 Maldevelopment, or deprivation
- 4 Political and religious ideology

a) 1, 2, 4 **b) 1, 3, 4** c) 2, 3, 4 d) 1, 2, 3

19- Tertiary prevention in chronic disease including :-

- 1- Preventing loss of function in affected systems
- 2- Monitoring health status
- 3- Promoting adjustment
- 4- Emphasizes on promoting services

a) - 2, 3, 4 **b) -1, 2, 3** c) - 1, 3, 4 d) - a, b, c, d

20- Primary prevention of homelessness includes:

- 1- Job training programs
- 2- Counseling programs
- 3- Increasing housing units
- 4- Provide health services for homeless

a) 1,3,2_ b)1,2,4 c) 1,3,4

II- put (T) if the statement is correct and (F) if the statement is wrong (10 Marks)

| | |
|----|---|
| 1 | Stress is the major psychological factor contributing to psychological problems. |
| 2 | Policy developments measuring and monitoring the health status of population. |
| 3 | Rheumatic fever requires one major manifestation plus one minor manifestation. |
| 4 | A person is considered homeless when live in fixed residence. |
| 5 | The plan of home visits should be flexible. |
| 6 | Community based matrix include livelihood and empowerment. |
| 7 | Home visits enable nurse to assess factors that impact on the client health status. |
| 8 | Non modifiable risk factors for osteoporosis increase estrogen levels. |
| 9 | Town meetings are a quantitative assessment to obtain community opinions. |
| 10 | First aids services is one of curative measure in the school setting. |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| F | f | f | f | t | f | t | f | f | f |

II- Match the correct answer in column (A) with corresponding answer in column (B)
(10 marks)

| | A | | B |
|----|----------------------|---|---|
| 1 | Wars | A | Systematic investigation to discover facts. |
| 2 | Endemic | B | Man-made disaster. |
| 3 | Domestic violence | C | Is a joint pain without swelling |
| 4 | Occupational illness | D | Rapid movement of the face and arm |
| 5 | handicap | E | Is coercive behaviors perpetrated by someone have intimate relationship with the victim |
| 6 | Arthralgia | F | Disorders that are caused by exposure to environmental factors associated with employment |
| 7 | Neuropathy | G | Means verbal exploration of an idea or concept |
| 8 | Chorea | H | Is a disease associated with vitamin “D” deficiency |
| 9 | Discussion | I | Is a disease present in a community in all times |
| 10 | Research | J | Limitation experienced by people with disability |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| B | I | E | F | J | C | H | D | G | A |

III- Complete the following: -

(25 Marks)

1-Strategies of community health nurse to promote environmental health

1 Learn about possible environment health threats.

2-Assess clients environment and detect health hazards.

3-Plan collaboratively with citizens and other professionals to devise protective and preventive strategies.

4-Assist with the implementation of programs to prevent health threats to clients and the environment.

5-Take action to correct situation in which health hazards exist.

6-Educate consumers and assist them to practice preventive measures.

7-Take action to promote development of policies and legislation that enhance consumer protection and promote a healthier environment.

8-Apply environmentally related research findings and participate in nursing research.

2- Stages of disaster management are

1- Mitigation & prevention:

2 -Preparedness:

3 -Response:

4 -Recovery:

3- Achieving the aim of counseling through

1 Objectives should be small, limited and attainable.

2. The counselor should lead the session.
3. Assessment is continuous.
4. Helping clients to view their problems differently.
5. Reducing anxiety to manageable proportions.
6. Avoiding dependency.
7. Respecting the client's own way of coping.
8. Setting boundaries convey limits of what can be achieved in the sessions.
9. Assumptions should not be made.
10. False reassurances should not be made.

4- Preventive services for school age children are

- A. Prevention and control of communicable diseases
- B. Early detection and correction of non-communicable disease :
- C. Early identification and education of children with special disabilities.
- D. Emergency care and first aid services

5- Symptoms for osteoporosis are

- 1 Risk for fracture, inability to perform any activity
- 2 Faulty posture
- 3 Low back pain
- 4 Pain in joint, muscles, and bone
- 5 Weakness of body

6- List 5 importance of vitamin D

1. Maintain the health of bones and teeth.

2. Support the health of the immune system and fights disease.
3. Regulate insulin levels and aid diabetes management.
4. Support lung function and cardiovascular health.
5. Influence the expression of genes involved in cancer development
6. Boosts weight loss • Reduces depression and regulating mood
7. Reducing risk of multiple sclerosis

IV- Situation

(20 marks)

During assessment phase of home visit for Ali's family you found that; Ali 67 years old, after retirement from gasoline station; he suffered from sever chest pain referred at left shoulder from one week, and he is a heavy smoker, his daughter is Eman 15 years old, in third year at preparatory school.

According to this assessment data discuss

- 1- **The role of community health nurse according three level of prevention for Mr. Ali?**

Answer: Secondary prevention

Tertiary prevention

- 2- **Eman needs according to her specific age group?**

Needs of school age children

GOOD LUCK

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