





### **Medical Surgical department**

#### **Faculty OF Nursing**

#### **Benha University**

#### **Emergency nursing Final Exam**

1 <sup>st</sup> Year	2 <sup>nd</sup> term	Date: 7/6/2014
Code no: Nur 107	questions parts: 4	no of papers.12
Time: 3 hours		Total Marks: 80

<u>I- MCQ</u>:- (25 Marks )

#### Please circle the correct answer only:

#### 1) First aid is defined as

- a) Completing a primary survey
- b) The first help given to the victim of an accident
- c) Assessing a victim's vital signs
- d) Treating a victim for shock

# 2) When performing CPR on an adult, how deep should the chest compressions are

- a)  $1\frac{1}{2}$  inches
- b) 2 inches
- c)  $2\frac{1}{2}$  inches
- d) 3 inches

## 3) There are three basic steps you can take in an emergency

a) Call, Check, Care

## b) Check, Call, Care

#### Good luck

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c) Recognize, Decide, Call

d) Decide, Execute, Call

## 4) Snakebites can be very serious. When caring for a snakebite victim, which should you not do

.a) Wash wounds

- .b) Apply ice
- .c) Keep bitten part still and below the heart
- d) Get professional medical care within 30 minutes

## 5) Which should be part of your care for a severely bleeding open wound?

- a) Allow the wound to bleed in order to minimize infection
- b) Apply direct pressure and elevate the injured area
- c) Use a tourniquet to stop all blood flow
- d) Both b and c

6) In conducting a primary survey on a trauma patient, which of the following is considered one of the priority elements of the primary survey?

- a) Complete set of vital signs
- b) Palpation and auscultation of the abdomen

c) Brief neurologic assessment

d) . Initiation of pulse oximetry

7) You respond to a call for help from the ED waiting room. There is an elderly patient lying on the floor. List the order for the actions that you must perform.

a- Perform the chin lift or jaw thrust maneuver.

b. Initiate cardiopulmonary resuscitation (CPR).

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c. Call for help.d.all of the above

8) A nurse, admitting a client burned with a flash flame, observes a burned area which is bright red, with a moist, glistening appearance and blister formation. The area blanches upon pressure, and the client complains of severe pain upon exposure of the site to air. The nurse recognizes that the depth of the burn is categorized as which of the following?

a) Superficial burn

b) Superficial partial-thickness burn

c) Deep partial-thickness burn

d) Full-thickness burn

**9**) An experienced traveling nurse has been assigned to work in the ED; however, this is the nurse's first week on the job. Which area of the ED is the most appropriate assignment for the nurse?

a) Trauma team

b) Triage

c) Ambulatory or fast track clinic

d) Pediatric medicine team

#### 10) Signs and symptoms of head injury

a) Changing level of consciousness

b) Blue discoloration

c) Vomiting

## d) Sever headache, confusion, discoloration below eyeand

loss of balance

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#### 11) Fracture ribs is considered

- a) Cause of chest
- b) Types of chest injury
- c) Signs of chest injury
- d) all of the above

#### 12) Sever spinal injury is characterized by

- a) headache
- b) Blood or fluid from nose or ear or mouth

c) Numbness in leg, arm, shoulder or other part of the body and loss of bowel and bladder control

e) Loss of consciousness

#### 13) Fetal position if lying down showed in:

- a) Abdominal injury
- b) Spinal injury
- c) Head injury
- d) Chest injury

#### 14) Evisceration first aid through:

- a) Cover organ with non stick dressing
- b) Cover organ with dry clean dressing
- c) No material touch organ that damage
- d) all of the above

15) - 56-year-old patient presents in triage with left-sided chest pain, diaphoresis, and dizziness. This patient should be prioritized into which category?

Good luck

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Put True or false

<u>15 mark</u>

 $\mathbf{T} \quad \mathbf{F} \quad (1)$  A first aider is someone who hasn't completed a theoretical and practical course and not passed a professional examination about the first aid

T F (2) Irregular heart rhythm causes the heart to suddenly stop beating.

**T F** (3) Direct pressure is not important first aids for external bleeding

 $\mathbf{T} \quad \mathbf{F}$  (4) Injuries to the scalp most often occur during falls and are particularly common amongst the elderly

T = F (5) Nose-bleeds are a common condition usually due Cuts in the tongue, lips or lining of the mouth range from trivial injuries to larger wounds.

**T F** (6) Straighten the broken bone is contraindication in management of fracture

T F (7) Maneuver to open airway when the cervical spine is injured is head tilt- chin lift

**T F** (8) Penetrating head injury when object enters skull or brain

**T F** (9) Possible bloody sputum is only signs of fracture ribs

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- **T F** (10) Sucking is penetrating lung
- T F (11) First aid for sever spinal injury Tilt the head backward
- **T F** (12) Abnormal swelling may indicate a hernia
- **T**  $\mathbf{F}$  (13) Direct complication of fracture include venous thromposis
- **T F** (14) Blister developed in the second stage of burn

**T F** (15) the goal of emergency medical care is provide treatment to urgent medical case

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
f	t	f	t	f	t	Т	Т	f	Т	f	t	f	t	t

#### MACHING

### 20 mark

Column A	Column B
1- Emergent	a- Minor illness or injured need first aid level
2- Immediate	<ul> <li>b- Potential threatening require immediate treatment</li> </ul>
3- Urgent	c- Mean dead or rapidly progress in toward death
4- Black triage	d- Non acute / non life threatening injured
5- Red triage	e- Emergent includes victim with respiratory insufficiency, cardiac arrest.

1	2	3	4	5
В	D	А	С	Е

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Column A	Column B
6-applay ice to injury area	a-open chest injury
7-hold head and body in one line	b- to minimize swelling
8- casulity in to semi- recumbent	C-abdominal injury
position in	
9- flexed knee to reduce pain in	d-to minimize spine injury
10- head and shoulder slightly	E- head injury
elevated	

1	2	3	4	5
В	D	А	С	Е

Complete	15 MARK
Complete	15 MAKK

1-Ways of poisioning include	4mark
1ingestion	
2inhalation	
3injection	
4absorption	
2- CPR Contraindicated in	4 mark
1terminalillnesssituation	
2survivalwouldbemeaninglessorbrief	
3-Venous blood is dark because it is not oxyg	enated

2mark

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## **4- Pain and discomfort during fracture** can be minimized through 2mark

Pain and discomfort can be minimized through proper alignment and positioning .....

#### 5- List first aid for burned patient 3 mark

- 1- Stop, drop and roll if clothes ignite, and cover the face whilerolling
- 2- Coolthe burn immediatly with cool water to reduce the skin temperature and stop the burn process,
- 3- Remove burned clothes
- 4- After cooling the burn with water ,cover the burn with clean dressing
- 5- Get medical help
- 6- For serious burn, don't give any thing to victim by oral
- 7- Elevate burned extremities to reduce swelling

THE END OF QUESTIONS

Good luck

DR Abeer Yahia Mahdy