

## توصيف مقرر

Psychiatric and mental health nursing

مواصفات المقرر :

البرنامج أو البرامج التي يقدم من خلالها المقرر : Bachelor degree of nursing science

المقرر يمثل عنصراً رئيسياً أو ثانوياً بالنسبة للبرامج : Core course

القسم العلمي المسئول عن البرنامج : All academic departments of faculty

القسم العلمي المسئول عن تدريس المقرر :

Psychiatric and mental health nursing Department

السنة الدراسية / المستوى : 4<sup>th</sup> grade

تاريخ اعتماد توصيف البرنامج : 26/9/2010

( أ ) البيانات الأساسية

العنوان : Psychiatric and mental health nursing

الكود : NUR 0942

الساعات التدريسية : 15h/w

الدروس العملية : 12h/w

المحاضرة : 3h/w

المجموع : 225

ساعات الإرشاد الأكاديمي :

( ب ) البيانات المهنية

1 - الأهداف العامة للمقرر :

The aim of this course is to provide students with knowledge and skills helping them to assess an individual's psychological state and identify the common psychiatric problems within a general nursing framework to plan

and implement nursing interventions based on nursing theory, personality development, human behavior and related behavior and biological sciences

2 - النتائج التعليمية المستهدفة للمقرر :

(a) - المعرفة والفهم :

By the end of this course, the student will be able to:

- a1 Identify terms related to psychiatric mental health (symptomatology).
- a2 Describe the different coping mechanisms that protect the ego against anxiety.
- a3 Identify the nursing communication skills.
- a4 Recognize the use, effect and side effect of E.C.T.
- a5 State the indication, contra indication, administration and precautions of the psychotropic medication.
- a6 Explain role of the nurse in psychiatric emergency.
- a7 Mention theoretical approaches of development personality.
- a8 Discuss the different psychiatric illness in relation to its etiologies, symptomatology, and main aspect of treatment modalities and application of principles of psychiatric nursing.
- a9 Summarize elements, purpose and techniques of the caring therapeutic interaction and relationship.
- a10 Identify major type of community resources for prevention, treatment, and rehabilitation of psychiatric patient.
- a11 Identify different psychiatric illness , etiologies symptomatology, and main aspect of treatment modalities and application of principles of psychiatric nursing for child and adolescent
- a12 Explain major type of cognitive disorders.

**ب - المهارات الذهنية :**

- b1 Plan nursing intervention to individual, families or groups including three level of intervention related the psychiatric illness to its respective diagnostic classifications.
- b2 Classify the different psychiatric disorders necessary to plan nursing care.
- b3 Incorporated theories and concept in meeting the health needs and problems of psychiatric clients in nursing practice.
- b4 Interpret the most important symptoms and signs of disease in disease in psychiatric patients.
- b5 Make decisions regarding common clinical situations using appropriate problem solving skills and relevant ethical principles.
- b6 Apply the principles of nursing process.
- b7 Discuss the concepts of anxiety and stress as they relate to human behavior.
- b8 Consider theories of behavior and theories of personality development as they impact on family systems.

**ج - المهارات المهنية والعملية الخاصة بالمقرر :**

- c1- Apply appropriate professional attitudes, communication and problem solving skills
- C2-Illustrate factors affecting the nurse patient relation skill. Such as cultural, emotional, socio economic and physical factors
- c3- Report the psychopharmacological agents commonly used in treatment of mentally ill patients.
- C4- communicate effectively with children, adolescents and their families using appropriate communication skills
- C5- Implement plan for caring mentally ill patient.

**د - المهارات العامة :**

- D1-Present reports in an organized and informative manner

D2- Demonstrate appropriate professional attitudes and behaviors in different practice situations

D3-Display neutral attitude towards patient's beliefs and actions

D4-Use communication techniques and creative thinking

D5- use different computer program and download information from internet

D6- work effectively as apart of a team.

### 3 - محتوى المقرر :

ساعات إرشاد دروس أكاديمية / عملية	محاضرة	عدد الساعات /	الموضوع
-	1	1	General introduction
12	2	14	Mental health & mental illness
12	3	15	Principles of psychiatric nursing
12	3	15	Psychiatric symptomatology.
12	3	15	Therapeutic nurse-patient relationship
12	3	15	Communication skills & observational and nursing recording process researching and nursing care plan
12	3	15	Development theory & crisis
12	3	15	Defense mechanism and occupational and recreational therapy
12	3	15	Schizophrenia & limit setting.
12	3	15	Anxiety and its related disorders & psychiatric emergency
12	3	15	Mood disorder & Electro convulsive therapy
12	3	15	Cognitive impairment disorder
12	3	15	Personality disorder



	3	15	Community mental health and home care.
12	3	15	Milieu therapy
12	3	15	Child psychiatric nursing N.C of child psychiatry
180	45	225	<b>Total</b>

#### 4 - أساليب التعليم والتعلم :

- 4.1- Lectures/ discussion
- 4.2- Clinical and small group discussion
- 4.3- Seminar (written assignment and presentation)
- 4.4- case study
- 4.5- Clinical conference

#### 5 - أساليب تقييم الطلاب

##### **5.1. Mid- term examination to:**

- a- assess outcome of previous learning objects
- b- Identify of learning difficulties and determine its causes and offer a treatment method to handle these difficulties
- c- Modifies and improves the learning process
- d- Providing feed back

##### **5.2-Clinical evaluation to:**

- a- Assess the student practical skills
- b- Diagnoses of clinical difficulties and determine its causes and offer
- c- Improve the learning process and performance
- d- Providing feedback

##### **5.3- Oral examination to assess:**

- a- The student fluency and meaning understanding of the psychiatric mental health concept and nursing intervention
- b- The student ability to express oneself, confidence and decisiveness
- c- The student ability to discuss logically

#### **5.4- Objective written examination to:**

- a- assess knowledge and understanding intellectual skill gained by the students
- b- Decide whether a student can complete a course, move to another course in the academic program, or graduate

#### **5-5 assignment and presentation:**

To assess general and transferable skills

#### **جدول التقييم :**

Assessment 1	Periodical practical and oral examination	every 2 week
Assessment 2	Written midterm examination	8 week
Assessment 3	final oral and practical examination	15 week
Assessment 4	Final term examination	15 week

#### **النسبة المئوية لكل تقييم :**

% 25	امتحان نصف العام / الفصل الدراسي
% 50	امتحان نهاية العام / الفصل الدراسي
% 12.5	الإمتحان الشفوي
% ____	الإمتحان العملي
% 12.5	أعمال السنة / الفصل الدراسي
%	أنواع التقييم الأخرى
% 100	المجموع

أى تقييم آخر بدون درجات

6 - قائمة المراجع

Handout in Mental Health Nursing prepared by Dr.mawaheb Mahmoud  
and Dr Hanan Nasef

2 - 6 - الكتب الدراسية

Townsmen, M.c (2009), Psychiatric mental health nursing (concept of  
care) 3rded, F. A.Davis company.

- Wanda. K.M. (2008): Johnson's Psychiatric Mental Health Nursing.  
5th ed., Lippincott, Williams and Wilkings, New York

3 - 6 - مجلات دورية ، مواقع إنترنت ، إلخ ،

[www.psyche.org](http://www.psyche.org)

[www.pubmed.com](http://www.pubmed.com)

[www.nursing center.com](http://www.nursing center.com)

[www.edul.elu.eg](http://www.edul.elu.eg)

7 - الإمكانيات المطلوبة للتعليم والتعلم

- Overhead projector
- Lecture holes – small classes
- Data show projector
- White board.
- Case study
- Computer

- تم مناقشة التوصيف وإعتماده بمجلس القسم المنعقد بتاريخ / /

التوقيع:

أستاذ المادة :

Dr Mawaheb Mahmoud

التوقيع:

رئيس القسم :

Prof. DR Abou zied khedr

التاريخ : / /

