



Fourth Year

Date: 2/ 1 /2019

Time: 3 hour



Benha University

Faculty of Nursing

C. H. Ng. Department

Code: NUR 406

## Community Health Nursing Final Exam

**All questions should be answered (Total marks 80)**

**I- Choose the best answers: - (20 Marks)**

**1- Treatment considerations in chronic conditions are:-**

- 1- Stabilizing the clients condition as rapidly
- 2- To satisfy a mandate
- 3- Preventing progression of the disease
- 4- Establishing a medical treatment regimen

a) - 1, 2,3      b) – 2,3,4      c) - 1, 2 , 4      **d) – 1,3,4**

**2-Tertiary prevention for community people can be applied through:-**

- 1- Emphasizes on promoting community health
- 2- Preventing loss of function in affected systems
- 3- Monitoring health status
- 4- Promoting adjustment

a) - 1, 2,3      **b) –2,3,4**      c) – 1,3,4\_      d) – 1,2,3,4

**3-The nursing roles in disaster management are:-**

- 1- Health promotion
- 2- Community assessment
- 3- Diagnosing and reporting
- 4- Providing preventative measure

a) - 1, 2 , 4      **b) – 2, 3,4**      c) - 1, 3      d) – 1, 2,3

**4- Tertiary prevention for disabled people includes:**

1. Teaching of relaxation technique,
2. Early identification of impairment
3. Stress management
4. Social recreational and nutritional counseling

a) 1,3,4      b)1,2,3      c) 2,3,4      d) 1,2,3,4

**5- Preventive measures of school health services include:**

1. Prevention and control of communicable diseases
2. Early detection and correction of non-communicable disease
3. Early identification and education of children with special disabilities.
4. Medication administration and monitoring

a) 1,3,4      b)1,2,3      c) 2,3,4      d) 1,2,3,4

**6-Common droplet infections are:-**

1. Meningitis
2. Enterica
3. Parotitis
4. Varicella

a) 1,2, 4      b) 1,3,4      c)1,2,3,4      d) 2,3,4

**7--The most infection of zoonotic diseases are:**

- 1- Anthrax
- 2- Rabies
- 3- Avian Influenza
- 4- Brucellosis

a) 1,2, 4      b) 1,2,3,4      c)1,2,3      d) 2,3,4

**8- Nursing role for homeless population management is:**

- 1- Create a trusting environment
- 2- Provide birth control services
- 3- Do not make assumptions
- 4- Coordinate a network of services and providers

a) 1, 2, 3                      b) 1, 3, 4                      c)1, 2, 4                      d) 2, 3,4

**9- Principles of home visit preparations are:**

- 1- Home visit must have purpose
- 2- Consider and give priority to the essential needs
- 3- The plan should be flexible
- 4- Careful evaluation of past services given

a)1, 2, 3,                      b) 1, 3, 4                      c)1, 2, 4                      d) 2, 3,4

**10- The health services for rural populations are:**

- 1- Out reach program
- 2- Educational services
- 3- Curative services
- 4- Preventive services

a)-1,2,4                      b) 2,3,4,                      c) 1,3,4                      d) 1,2,3,4

**11- The community violence includes:**

- 1- a-Terrorism
- 2- b-Gangs
- 3- c-Neglect
- 4- d-Hate crimes

a) 1,3,.4                      b)1,2,4                      c)2,3,4                      d)1,2,3,4

**12-Enhancing the quality of life is the main target of :**

- a) Community based rehabilitation
- b) Cardio pulmonary resuscitation
- c) Community based arises
- d) Community health circle

**13-The responsibility for fostering human life is shared by all. The previous statement means**

- a-Solid
- b- integration
- c- solidarity**
- d- leisure

**14- Rearrange the livelihood steps of community rehabilitation matrix**

- 1-Skills development
- 2-Financial services
- 3-Sel f employment
- 4-Wage employment

- a) 1,3,4,2**      b)3,1,2,4      c)1,4,3,2      d)1,2,3,4

**15-Premarital Care includes:**

- 1- Family planning services
- 2- Breast feeding and proper nutrition
- 3- Genetic counseling
- 4- Systemic medical examination

- a-) 1, 2      b) 2,3      **c) 3,4**      d) 1,4

**Situation 1: During your field work as a community health nurse in secondary school setting you observe a student having business work father and working mother, he was isolated after punishment for criminal attitude (harassment behavior) according this situation answer the following questions**

**16- Type of the student's family is**

- a- Nuclear family
- b- Extended family
- c- Single parent family
- d- Step family

**17-The problem of the student's family is**

- a- Poor development of family member
- b- Effective coping with problems
- c- Ineffective structured relationship among family members
- d- Unestablished regular link with broader community

**18-The important treatment for this student is**

- a- Relieving tension
- b- Encouraging insight
- c- Building trust
- d- Building student's family relationship

**19-This student's needs**

- a- Recreational activity
- b- Counseling session
- c- Psychological support
- d- Medical treatment

**20-The role of school health nurse in this situation is**

- a- Taking history personal and family data
- b- Listen to the students and their problems
- c- Assisting in medical examination
- d- Providing medication prescribed

**II- put (T) if the statement is correct and (F) if the statement is wrong  
( 15 Marks)**

1	Components of school health program are separate and each effect on the others
2	Case is a person having clinical manifestation of the particular disease, health disorder, and confirmed under investigation
3	Counseling means information is provided to increase the knowledge
4	The preparedness stage begins when a disaster is occurred
5	Pandemic describes diseases and conditions that spread rapidly and affect many people at the same time
6	Intimate partner violence known as domestic violence
7	The risk of death by suicide is greater than death by homicide
8	Immobility is a non-modifiable risk factors of osteoporosis
9	Ultraviolet rays are causing suppressive for systemic lupus erythematosus symptoms
10	Depression is one complication of osteoporosis
11	Provision of drugs is not the essential element of primary health care
12	In PHC emphasizes on curative services more than promotive services
13	Infant and child priorities is elevation of neonatal tetanus
14	Health cannot be attained by the health sector alone in primary health care
15	Intrauterine Devices are inserted in the vagina and work by killing the sperm

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>f</b>	<b>t</b>	<b>f</b>	<b>f</b>	<b>f</b>	<b>t</b>	<b>t</b>	<b>F</b>	<b>F</b>	<b>T</b>

<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>f</b>	<b>f</b>	<b>f</b>	<b>t</b>	<b>f</b>

**I- Match the correct answer in column (A) with corresponding answer in column (B) (10 marks)**

	<b>column (A)</b>		<b>column (B)</b>
1	Ecosystem	a	Engaging the learner in learning process
2	Disaster	b	The disease exists permanently in a particular region of population
3	Primary health care	c	Disability lasts for a limited time.
4	Learning process	d	Community of living organisms and their interrelated physical and chemical environment
5	Epidemic	e	Threatening events of human life and the surrounding environment.
6	Participation	f	It is the failure to nurture a child in development of appropriate way.
7	Temporary disability	g	Is essential health care based on practical, scientifically sound
8	Endemic	h	the disease occurred in a community or region in excess number of cases
9	Emotional neglect	i	Lacks a fixed, regular night-time residence.
10	Homeless	j	The process to change people feeling and modifying health behavior

1	2	3	4	5	6	7	8	9	10
d	e	g	j	h	a	c	b	f	i

**III- Complete the following: - ( 20 Marks)**

**1- Strategies and nursing role in environmental health:**

- 1- .....
- 2- .....
- 3- .....
- 4- .....

**2- The role of the nurse in primary prevention of disabled people:**

- 1- .....
- 2- .....
- 3- .....
- 4- .....

**3- Weaning the people towards comprehensive health care through:**

- 1- .....
- 2- .....
- 3- .....

**4- Reasons for slow progress in primary health care**

- 1- .....
- 2- .....
- 3- .....
- 4- .....

**5-To educate others effectively we need the basic instructions which include:**

- 1- .....
- 2- .....
- 3- .....
- 4- .....
- 5- .....



#### **IV- Situation**

**(15 marks)**

During assessment phase of home visit for Mohamed family's you found that; Mohamed 48 years old, worked in wastes sanitation company and he is heavy smokers his son Ali 15 years old, he is technology addicted.

**According to this assessment data discuss**

- 1- The role of community health nurse according three level of prevention for Mohamed risk factor?**
- 2- Level of prevention for Ali addiction?**

**GOOD LUCK**