

## نموذج رقم (٧)

نموذج توصيف مقرر دراسي

(للعام الأكاديمي ٢٠٢٥-٢٠٢٦)

جامعة / أكاديمية : بنها

كلية / معهد: التمريض

قسم : تمريض الصحة النفسية والعقلية

	١- بيانات المقرر :	
الفرقة / المستوي:دكتوراه فصل دراسي أول	اسم المقرر :- الاتجاهات الحديثة في مجال التمريض النفسي والصحة العقلية  New trends in psychiatric nursing	الرمز الكودي  D701
	عدد الساعات الأسبوعية: نظري : ٤ تطبيقي: ٣ عدد الساعات المعتمدة: ٥	التخصص : تمهيدي دكتوراه

<p>The course aims to:</p> <p>This course aims to provide postgraduate doctorate students with all available information about new trends in the field of psychiatric nursing in order to apply them with psychiatric patients to provide better nursing care for improveing the patient's health</p>	٢- هدف المقرر:
٣- المخرجات التعليمية المستهدفة :	
<p>By the end of completion this course, the postgraduate students will be able to</p> <p>a.1. Explain new trends in the psychiatric nursing.</p> <p>a.2. List importance of simulation.</p>	أ - المعرفة والفهم :

<p>a.3. List tools of simulation..</p> <p>a.4. List steps for competency-based learning design.</p> <p>a.5. Illustrate types of advanced educational technology.</p> <p>a.6. Recognize characteristics of mobile – learning.</p> <p>a.7. Mention concepts of avatar therapy.</p> <p>a.8. Illustrate negative effects of escapism.</p> <p>a.9. list causes of nomophobia.</p> <p>a.10. Illustrate signs and symptoms of hikikomori.</p> <p>a.11. Enumerate uses E-Portfolios.</p>	
<p>By the end of completion this course, the postgraduate students will be able to</p> <p>b.1. Analyze concepts of competency based learning.</p> <p>b.2.Explain importance of advanced educational technology</p> <p>b.3. Distinguish between advantages and disadvantages of the mobile device learning.</p> <p>b.4. Discuss benefits of blended learning .</p> <p>b.5. Explain goals of problem based learning .</p> <p>b.6. Define virtual reality</p> <p>b.7. List limitation of avatar therapy</p> <p>b.8. Discuss benefits of dialectical therapy techniques.</p> <p>b.9. Decide three keys of mindfulness awareness.</p> <p>b.10. Discuss types of escapism.</p> <p>b.11. Explain ways for prevention nomophobia.</p> <p>b.12. Explain treatment of hikikomori.</p> <p>b.13. Discuss issues to consider before implementing E-</p>	<p>ب - المهارات الذهنية :</p>

Portfolios.	
b.14. List characteristics of effective E-Portfolio platform.	
<p>By the end of completion this course, the postgraduate students will be able to</p> <p>c.1. Design simulation scenarios.</p> <p>c.2. Utilize competency in psychiatric mental health nursing practice according to the available resources</p> <p>c.3. Create individual development plan</p> <p>c.4. Apply cognitive behavior therapy in nomophobia .</p> <p>c.5 Utilize the mobile in learning.</p> <p>c.6. Apply mechanism of devices used in virtual reality</p> <p>c.7. Evaluate student role in problem based learning.</p> <p>c.8. Apply ways to escape everyday life escapism.</p> <p>c.9. Apply role of psychiatric nurse in climate change.</p>	ج - المهارات المهنية والعملية
<p>d.1. Write a set of inquiries about issues that ensure safe nursing interventions.</p> <p>d.2. Write a conclusion report about the appraised evidence that stated clinical decision.</p> <p>C.3- Implement new evidence that solve a problem of nursing.</p> <p>d.4. Adopt self-learning approach in the field of psychiatric mental health nursing.</p> <p>d.5. Extend competencies and capabilities in using information technology skills</p> <p>d.6. Utilize Communication technique effectively.</p>	د - المهارات العامة :
<p>1. Nomophobia</p> <p>2. Hikikomori</p> <p>3. Climate change and mental health</p>	٤ - محتوى المقرر:

4. Electronic Portfolio 5. Competence Based Learning 6. Advanced educational technology 7. Mobile & blended learning 8. Problem- Based Learning 9. Tele psychiatry 10. Simulated Mental Health 11. Acceptance and Commitment Therapy (ACT) 12. Compassion Focused Therapy 13. Aromatherapy 14. Avatar Therapy 15. Dialectical behavioral therapy 16. Trauma informed approach 17. Escapism	
<ul style="list-style-type: none"> <li>▪ Brain storming</li> <li>▪ Group discussion</li> <li>▪ Interactive Lecture</li> <li>▪ Electronic learning.</li> </ul>	٥ - أساليب التعليم والتعلم :
	٦ - تقويم الطلاب :
- written exam - oral exams - Semester work practical exam	أ- الأساليب المستخدمة

- written exam	15 <sup>th</sup> weeks	ب- التوقيت
- oral exams	15 <sup>th</sup> weeks	
-Semester work	Every 2 weeks	
- Semester practical work	Every 2 weeks	
- Written exam	80 marks	ج- توزيع الدرجات
- Oral exam	20 marks	
-Semester work	20 marks	
- Semester practical work	80 marks	
Total	200 marks	
٨. قائمة الكتب الدراسية و المراجع:		
Not applicable		أ- منكرات
Not applicable		ب- كتب ملزمة:
<i>New trends in psychiatric nursing</i> <i>Eval, E (2023): comparison of the use of manikins and simulated patients in a multidisciplinary in situ medical simulation program for healthcare professionals in united kingdom. health prof. 18,(8)pp3-5</i>		ج- كتب مقترحة
<a href="http://www.google.com">www.google.com</a> <a href="http://www.yahoo.com">www.yahoo.com</a> <a href="http://www.sciencedirect.com">www.sciencedirect.com</a>		د- دوريات علمية أو نشرات .....الخ

رئيس مجلس القسم العلمي:

التوقيع

د. محمد ك

أستاذ المادة:

التوقيع

د. د. محمد محمد محمد

د. د. محمد محمد محمد

د. د. محمد محمد محمد



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