

نموذج رقم (٧)

نموذج توصيف مقرر دراسي

(للعام الأكاديمي ٢٠٢٥-٢٠٢٦)

جامعة / بنها

كلية / التمريض

قسم / التمريض النفسي والصحة العقلية

١- بيانات المقرر :	
الرمز الكودي: D703	اسم المقرر :- Psychological and social studies nursing in psychiatric field -الدراسات النفسية والاجتماعية في مجال التمريض النفسي والصحة العقلية
الفصل/ المستوي :- تمهيدي دكتوراه (الفصل الدراسي الاول)	
التخصص : تمهيدي دكتوراه	عدد الساعات الاسبوعية : نظري : ٣ ساعات تطبيقي : لا ينطبق عدد الساعات المعتمدة: ٣ ساعات

٢- هدف المقرر:	The course aims to help the postgraduate doctorate students to develop self-awareness of individual and cultural diversity, and the mutual influence on social interaction between oneself and others when conducting mental health nursing.
٣- المخرجات التعليمية المستهدفة :	
أ - المعرفة والفهم :	By the end of completion of this program, the post graduate doctorate students will be able to:- a1. Identify psychological barriers. a2. Identify Self acceptance and self compassion

<p>a3. Identify the concept of self-concept, self-esteem, self-awareness, self-control and self-efficacy.</p> <p>a4. Describe the importance of self-concept, self-esteem, self-awareness, and self-efficacy.</p> <p>a5. Illustrate psychological and physiological studies in the learning process.</p> <p>a6. Identify principles of theory of constructivism.</p> <p>a7. Explain theories of Dialectical behavior therapy</p> <p>a8. Identify therapeutic use of self.</p> <p>a9. List importance of developmental theories.</p> <p>a10. List elements and tools of strategic plan for prevention and management of addiction.</p> <p>a11. List causes of psychological and social problems among person and community.</p>	
<p>By the end of completion of this program, the post graduate doctorate students will be able to:-</p> <p>b1. Differentiate between physiological and physical barriers.</p> <p>b2. Compare between of self-concept, self-esteem, self-awareness, self-control and self-efficacy.</p> <p>b3. Discuss importance of self acceptance and self compassion.</p> <p>b4. Compare between constructivist classroom and the traditional classroom.</p> <p>b5. Explain techniques of dialectical behavior therapy</p> <p>b6. Describe tips for parents to form secure bond with their children.</p> <p>b7. Interpret theoretical studies on cognitive development.</p> <p>b8. Discuss characteristics of psychological freedom.</p>	<p>ب - المهارات الذهنية :</p>

<p>b9. Illustrate component of dialectical behavior therapy.</p> <p>b10. Demonstrate technique of therapeutic use of self.</p> <p>b11. Demonstrate strategic plan for prevention and management of addiction.</p> <p>b12. Formulate psychological and social problems among person and community.</p>	
<p>By the end of completion of this program , the post graduate doctorate students will be able to:-</p> <p>c1. Utilize methods or steps of self -concept, self-esteem, self-awareness, self-control, and self-efficacy.</p> <p>c2. Apply techniques of dialectical behavior therapy</p> <p>c3. Apply emotional freedom technique.</p> <p>C4. Formulate ways to overcome psychological barriers in communication</p> <p>C5. Formulate technique of therapeutic use of self.</p> <p>C6. Implement steps to promote self acceptance and self compassion</p> <p>C7. Design educational program for caregivers of patient with schizophrenia to prevent schizophrenic relapse.</p> <p>C8. Apply strategic plan for prevention and management of addiction.</p>	<p>ج - المهارات المهنية والعملية</p>
<p>By the end of completion of this program, the post graduate students will be able to:-</p> <p>d1. Use different communication skills.</p> <p>d2. Plan a professional situation based on the most valid scientific findings.</p> <p>d3. Use different information resources that upgrade their skills of</p>	<p>د - المهارات العامة :</p>

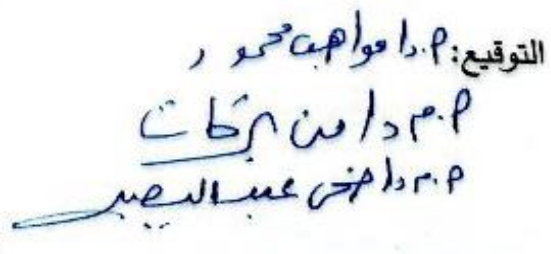
<p>informed decision-making.</p> <p>d4. Manage time effectively</p> <p>d5. Collaborate effectively with multidisciplinary team in making decision by using evidence-based practice approach.</p>	
<ol style="list-style-type: none"> 1. Psychological and physiological studies in the learning process. 2. Psychological freedom. 3. Therapeutic use of self. 4. Psychological barriers. 5. Self-concept, self-esteem, self-awareness, self-efficacy & Self-control. 6. Educational program for caregivers of patient with schizophrenia to prevent schizophrenic relapse. 7. Strategic plan for prevention and management of addiction. 8. Constructivist theoretical studies in learning. 9. Piaget's theoretical studies on cognitive development. 10. Psychological and social problems among person and community. 11. Self acceptance and self compassion 12. Dialectical behavior therapy 	<p>٤ - محتوى المقرر:</p>
<ul style="list-style-type: none"> ▪ Interactive lecture ▪ Group discussion ▪ Self- learning ▪ Critical thinking ▪ Case study 	<p>٥ - أساليب التعليم والتعلم :</p>

		٦- تقويم الطلاب:
- Written exam - Semester work - Oral exam		أ- الاساليب المستخدمة
- Written exam - Semester work - Oral exam	-15 TH week -15 TH week -15 TH week	ب- التوقيت
- Written exam - Semester work - Oral exam - Total	90 Marks 40 Marks 20 Marks 150 Marks	ج- توزيع الدرجات
٨. قائمة الكتب الدراسية و المراجع:		
Not applicable		أ- مذكرات
Not applicable		ب- كتب ملزمة:
Videbeck, S. L. (2023). Psychiatric-mental health nursing (9th ed.). Wolters Kluwer. Townsend, M. C., & Morgan, K. I. (2023). Psychiatric nursing: Contemporary practice* (11th ed.). F. A. Davis Company.		ج- كتب مقترحة
American journal of nursing		د- دوريات علمية أو نشرات.....الخ

رئيس مجلس القسم العلمي:

استاذ المادة:

التوقيع: 

التوقيع: 
 ٣٠٩ د. م. منير كات
 ٣٠٩ د. م. عبد الصبور