

نموذج رقم (٧)  
توصيف مقرر دراسي  
للعام الأكاديمي (٢٠٢٥-٢٠٢٦)

جامعة: بنها  
كلية: التمريض  
قسم : التمريض النفسى والصحة النفسية

	١ - بيانات المقرر :
الفرقة / المستوي:- ماجستير ( فصل دراسي ثالث )	اسم المقرر :- المشورة فى التمريض النفسى و الصحة العقلية <b>Counseling in Psychiatric and Mental Health Nursing</b>
	الرمز الكودي <b>DPMHN619</b>
	التخصص :
	عدد الساعات الدراسية : ٢ ساعه معتمدة * ١٥ أسبوع
	تطبيقى: لا ينطبق
	نظرى : ٢ ساعه معتمدة / ١٥ أسبوع
	ماجستير تمريض الصحة النفسية والعقلية

<p><b>The course aims to:</b></p> <ul style="list-style-type: none"> <li>- This course aims to provide the postgraduate master students with the advanced principles, concepts, and ethics of counseling in psychiatric nursing and acquire the necessary skills to provide psychological counseling to different age groups and society.</li> </ul>	<p>٢- هدف المقرر:</p>
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٣ - - المخرجات التعليمية المستهدفة :	
<p><b>By the end of completion of this course, the post graduate master student will be able to:-</b></p> <p>a.1 Identify concept and goals of counseling. .</p> <p>a.2. List principles of counseling process.</p> <p>a.3. Identify purpose of marital counseling.</p> <p>a.4. Describe marital counseling.</p> <p>a.5. Mention types of marital counseling.</p> <p>a.6. Illustrate Family counseling process.</p> <p>a.7. Mention types of family counseling.</p> <p>a.8. Identify goals of counseling for people with special disabilities.</p> <p>a.9. Summarize goals of counseling patients with psychiatric problems.</p> <p>a.10. Enumerate different techniques in geriatric counseling.</p> <p>a.11. Identify the concept of the child counseling.</p>	<p>أ - المعرفة والفهم :</p>
<p><b>By the end of completion of this course, the post graduate master student will be able to:-</b></p> <p>b.1. Explain different fields of counseling.</p> <p>b.2. Differentiate between guidance and counseling</p> <p>b.3. Discuss theories of Counseling.</p> <p>b.4. Discriminate between counseling and psychotherapy.</p> <p>b.5. Classify stages of the counseling process.</p> <p>b.6. Discuss approaches to marital counseling.</p> <p>b.7. Compare between family counseling and individual counseling</p>	<p>ب - المهارات الذهنية :</p>

<p>b.8. Illustrate the importance of adolescent counseling.</p> <p>b.9. Explain different methods of adolescent counseling.</p> <p>b.10. Classify types of counseling for people with special needs.</p> <p>b.11. Discuss steps of genetic counseling.</p> <p>b.12. Explain principles of geriatric counseling.</p> <p>b.13. Illustrate the process of geriatric counseling.</p> <p>b.14. Discuss seven problem areas that often treated in child counseling.</p>	
<p><b>By the end of completion of this course, the post graduate master student will be able to:-</b></p> <p>c.1. Apply counseling theories in the field of psychiatric nursing.</p> <p>c.2. Analyze role of counselor in educating teacher and parent dealing child with special needs.</p> <p>c.3. Analyze school counselor responsibilities toward children with special educational needs.</p> <p>c.4. Apply Counseling technique for patients with different psychiatric problems.</p> <p>c.5. Analyze role of a nurse in genetic counseling.</p>	<p>جـ - المهارات المهنية والعملية</p>
<p><b>By the end of completion of this course, the post graduate master student will be able to:-</b></p> <p>d.1. Utilize communication technique effectively</p> <p>d.2. Adapt team work spirit.</p> <p>d.3 Judge and made profession use of resources</p> <p>d.4 Adopt new technological techniques to serve psychiatric and mental health nursing field.</p>	<p>د - المهارات العامة :</p>

<p>d.5. Adopt self-learning approach in the field of psychiatric mental health nursing.</p> <p>d.6. Act as advocate for client, families and groups in psychiatric mental health nursing.</p> <p>d.7. Extend competencies and capabilities in using information technology skills.</p>	
<p>1-Concept of counseling</p> <p>2. Theories of counseling</p> <p>3. Process &amp; strategies of counseling</p> <p>4. Marital counseling</p> <p>5. Family counseling</p> <p>6. Adolescence counseling</p> <p>7.Child counseling</p> <p>8. Counseling for people with special disabilities.</p> <p>9. Counseling for patients with psychiatric problems.</p> <p>10-Genetic counseling</p> <p>11-Elderly Counseling</p>	<p>٤ - محتوى المقرر :</p>
<ul style="list-style-type: none"> <li>▪ Interactive Lecture</li> <li>▪ Brain storming</li> <li>▪ Group discussion</li> <li>▪ Electronic learning</li> <li>▪ Individual/ paired presentation</li> </ul>	<p>٥ - أساليب التعليم والتعلم :</p>
لا ينطبق	<p>٦ - أساليب التعليم والتعلم للطلاب ذوي القدرات</p>

		المحدودة
		٧- تقويم الطلاب:
- Final written exam -Semester work		أ-الاساليب المستخدمة
- Final written exam -Semester work	15 <sup>Th</sup> weeks Every 2 weeks	ب- التوقيت
- Final written exam -Semester work -Total	80 Marks 20 Marks 100 Marks	ج- توزيع الدرجات
٨. قائمة الكتب الدراسية و المراجع:		
Not applicable		أ- مذكرات
<p><b>Helen, N. (2021):</b> Counseling psychology in 10 years. Counseling Psychology Review, 34 (2), pp. 5-7.</p> <p><b>Kabir, S. (2021):</b> Essentials of Counseling. Introduction to counseling. Abosar Prokashana Sangstha . 1st edition, pp 21-44.</p> <p><b>Wada, K., Kassan, A., Domene, F., Bedi, R., Kintzel, F., &amp; West, A. (2021):</b> The Future of counseling Psychology Education and Training in Canada: A Post-Conference Reflection. Canadian Journal of counseling and Psychotherapy. 54, (4), 57.</p> <p><b>Moher,W.K (2020):</b> Commnication in nursing,(2<sup>nd</sup> ed) USA, Philadelphia</p>		ب- كتب ملزمة:
<p><b>Gielen, M., &amp; Wu, V. (2021):</b> Handbook of Counseling and Psychotherapy in an International Context. Routledge: New York. P 29-33.</p> <p><b>Corey, G. (2020):</b> Theory and Practice of Counseling and</p>		ج- كتب مقترحة

Psychotherapy. 10 <sup>th</sup> Edition, p 343-444.	
<a href="http://www.psyche.org">www.psyche.org</a> <a href="http://www.google.com">www.google.com</a> <a href="http://www.yahoo.com">www.yahoo.com</a> <a href="http://www.sciencedirect.com">www.sciencedirect.com</a> <a href="http://www.eulc.edu.eg">www.eulc.edu.eg</a>	د- مواقع علمية

التوقيع

أستاذ المادة

د. م. د. / منير  
د. ر. ص. ب.

د. م. د. / منير  
د. ر. ص. ب.